What Is Kindness

The extraordinary thing about kindness is that the more you expend, the richer you become. Try it. Do a little quiet thinking about people around you. Make an effort to understand them better, then take the time to speak words that may lift their spirit, enhance their self-respect. You can never guess what a few kind words, sincerely spoken, may do for them . . . and for you. Pass It On!

Have you had a kindness shown?
Pass it on.
Twas not given to you alone.
Pass it on.
Let it travel down the years.
Let it wipe another's tears.
Till in heaven the deed appears.
Pass it on.

Have you found the heavenly light?
Pass it on.
Souls are groping in the night.
Daylight gone.
Hold thy lighted lamp on high.
Be a star in someone's sky.
Pass it on.