



Because I Love You™

Parent and Youth Support Groups

School's Out! What do you do now?

The end of the school year is upon us, which often means parties and play. The likelihood that drugs and alcohol will be at a high school party is relatively high. Eighty percent (80%) of parents believe that alcohol and marijuana are usually not available at parties their teens attend. But the reality is sobering: 50 percent of teen partygoers attend parties where alcohol, drugs – or both – are available.

While your teen probably will not let you tag along to a party, there are some things you can discuss with them before they head out. Here are a few suggestions about how you can help your teen safely transition into the summer months.

- [Ask Questions.](#) Find out where your teen will be, whether or not the party will be supervised by responsible adults, the contact information of the adults who will be supervising, other friends who will be there, and so on.
- [Contact the Adults in Charge.](#) Some parents feel uncomfortable doing this, but it's an important step to ensure that your teen will be supervised by a responsible adult during the event. If you do not feel comfortable with the situation, avoid feeling obligated to let your child go. *Remember that you are the parent.*
- [Establish Rules.](#) Make sure your teen clearly understands that she is not allowed to use drugs or alcohol. Tell them the consequences. Establish a curfew, and be clear about what will happen if they do not arrive on time. If your teen is driving, ask them to call home before leaving the event so that you can know they're on her way.

We want to thank you for visiting our site.

We trust you will find the information you received from our Reference Library to be helpful.

We offer a Parenting Skills book explaining our philosophies called "The Program". The cost of the book is \$12.00 (English and Spanish) and your payment is 100% tax deductible. (Please specify language in your order)

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*Once again, thanks for stopping by the **Because I Love You: Parent and Youth Support Groups** site.*

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